

Sleep Study Community Care Authorizations

VA offers a variety of health care and services for Veterans through community health care providers and other partners outside of VA. Veterans may be eligible to receive sleep care services from a provider in their community when VA cannot provide care in a timely manner. This type of care is known as “community care,” and is provided on behalf of and paid for by VA. These services are provided to Veterans based on certain conditions and eligibility requirements, and in consideration of a Veteran’s specific needs and circumstances.

The VA community care program provides payment authorization for eligible Veterans to obtain routine outpatient sleep services through community providers. An authorization may be granted when it has been determined that direct VA sleep services are either geographically inaccessible or VA facilities are not available to meet a Veteran’s needs. All community services must be preapproved before a Veteran receives treatment.

Accessing Community Care

Follow the steps below if you have been authorized to have sleep services performed by a Community Care Provider:

1. 10 – 14 Days after VA Community Care authorization has been granted: you will receive notification via mail with information about your Community Care authorization.

- Select a VA Community Care facility from a list of providers

2. Make an Appointment

- VA will work with you to find a community provider and make an appointment.
- You can select a community provider or VA can select one for you.

3. Receive Care

- Arrive promptly for your appointment.
- If you need to schedule a follow-up appointment, check with your community provider to make sure VA has authorized the care.

Questions about Community Care authorizations: please call (210) 617-5300 ext. 13850, Opt. 1