

COVID 19 STVHCS Resources

Social Work Service (210) 617-5300 extension 15113

ANIMALS

San Antonio Animal Care Services - ACS is strongly encouraging residents to reconsider surrendering any pets to the shelter during this difficult time. Owner surrenders will only be done on a limited basis based on capacity and residents may email acsintake@sanantonio.gov for further information. Residents who find roaming animals should call 3-1-1 or use the 311SA app.

BANKING: Contact your banking institution/mortgage company/car payment as assistance may be in place. Below is information from commonly used banks in STVHCS.

<https://www.chase.com/digital/resources/coronavirus>

<https://www.credithuman.com/coronavirus>

<https://communities.usaa.com/t5/USAA-News/How-USAA-is-Responding-to-Concerns-about-Coronavirus-COVID-19/ba-p/226066>

<https://www.wellsfargo.com/jump/enterprise/coronavirus-response>

CHILD CARE:

Employees can call 211 and ask for emergency COVID-19 childcare and the city of San Antonio has diverted a resource strictly for COVID 19 and healthcare workers impacted by that. The capacity depends on the agencies' budget.

City of San Antonio Emergency Child Services: Application process based on city website info (need to meet criteria) and must be a resident of city of San Antonio. **210-230-6343**

Texas Workforce Commission- Essential personnel who make less than 150% State Median Income (see applications attached for a table), can apply for child care with the Local Workforce Board that covers their current residence and the Local Workforce Board will tell them if there are funds available to help pay for child care.

- Alamo -- [Website](#) to apply: <https://www.workforcesolutionsalamo.org/childcare-services>
- Golden Crescent -- [Website](#) to apply: <http://www.gcworkforce.org/>

General listing of resources for Child and Child Respite Care for City of San Antonio

<https://cap4kids.org/sanantonio/child-care-respite-care/>

<https://info.childcareaware.org/coronavirus-updates>

<https://www.childcareaware.org/state/texas/>


Texas Workforce Commission: COVID-19 Resources Child Care, <https://www.twc.texas.gov/news/covid-19-resources-child-care>.

Nanny Poppinz: Professional nanny and childcare referral agency

<https://www.nannypoppinz.com/>

Updated 4/23/2020

DeeDee Pubien

210-775-2185 

[Contact Us](#)

20770 Highway 281 North #108429

San Antonio

TX 78258

****** PLEASE SEE SEPARATE DOCUMENT WITH ALL IDENTIFIED CHILD CARE
OPTIONS******

Military and DOD families

<https://www.childcareaware.org/fee-assistancerespite/>

Joint Base San Antonio

<https://www.jbsa.mil/Information/CDC-Novel-Coronavirus-Response-Support/>

Time Out Sitters: Requires a registration fee but has flexible options for babysitting.

<http://timeoutsitters.com/>

Baby Sitter registry: Victoria, TX (can search other areas as well)

<https://www.care.com/babysitters/victoria-tx>

Baby Sitters Registry: type in your location

<https://www.babysittersregistry.com/>

VA Child Care Subsidy Program Brochure



CCSP Brochure 2020
01032020.pdf

FACE BOOK OPTIONS: below is a list of current groups, you can also do a search in FB for your area. You will have to request to join the groups. You may also be able to search in a local neighborhood group on Facebook.

[San Antonio Babysitters](#)

[Babysitters and Childcare in San Antonio](#)

[Childcare and Babysitters in San Antonio and Surrounding areas](#)

[Kerrville Babysitting \(for parents on a budget\)](#)

CHILD CUSTODY: Reach out to your attorney for specific questions. However, Bexar County Civil District Court judges are enforcing the Standard Possession order for Spring Break pursuant to the originally published school calendars.

Updated 4/23/2020

CLOTHING:

A New Life for A New Generation- Provides free diapers and wipes to expecting mothers, children under 36 months old and adult diapers. If you're interested in securing some supplies, call 210-447-7715 to schedule an appointment.

COVID-19 SCREENING AND TESTING:

City of San Antonio- The questionnaire is about half way down.

<https://www.sanantonio.gov/Health/News/Alerts/CoronaVirus>

EMPLOYMENT:

Dynamic Advancement- HUMAN RESOURCE MANAGEMENT FUNDAMENTALSWORKSHOP - FREE!! Tuesday May 5th, 2020., 8:30 AM – 4:00 PM, Live Online, Target Audience: Military Spouses, Transitioning Service Members, Veterans or any person contemplating making a career change to HR or perusing a new career in HR. Registration: <https://www.dynamicadvancement.com/pages/hrmf>

Flexjobs- Remote work from home jobs that are full-time and part-time, employee and freelance jobs, on-site jobs including flexible and alternative schedules. <https://www.flexjobs.com/>

WORKinTEXAS- Search for jobs in your area <https://www.workintexas.com/vosnet/Default.aspx>

TEXAS WORKFORCE COMMISSION: workers with reduced hours may be eligible for unemployment <https://twc.texas.gov/news/recent-press-releases>

Samministries- Check website for job postings <https://www.samm.org/careers/> .

Social Security Administration (SSA) - Hiring Administration, IT, Legal, Contract Specialist, and Facilities Maintenance and much more. Internships, on the job training, and apprenticeships available as well. We are taking resumes from Veterans eligible for noncompetitive hiring authority. For those who do not meet this qualification, please apply on <https://www.usajobs.gov/> . If you're interested in potentially getting an interview and hopefully a position with SSA, send me your federal resume (attached) including all your skills as there are many positions that you may qualify for, DD214, VA Rating Ltr, and/or Schedule A Ltr to michelle.washington1@va.gov

Workforce Solutions Alamo: Workforce Solutions Alamo will be **closing** the Workforce Career Centers effective **Thursday April 9th, 2020**. If you are an unemployment benefits customer who needs assistance with any other issue, you will need to speak with the Unemployment Benefits department directly for assistance. Their phone number is 800-939-6631.

The Unemployment Benefits department (UBS) is extremely busy due to the unprecedented circumstances with Covid-19. If you were not instructed to call the Unemployment department, but instead are calling to ask a general question, please try to use the self-service options for assistance.

Updated 4/23/2020

You can use UBS (ui.texasworkforce.org) to get the status of your claim and payment. If you have a question about the unemployment process, please read the Unemployment Benefits handbook, the information sent to you after you applied, and the information provided on TWC's website. Answers to questions about the unemployment process can be found on the website, links below. Thank you.

- * Unemployment Benefits webpage: <https://twc.texas.gov/jobseekers/unemployment-benefits>
- * Unemployment Handbook: <https://twc.texas.gov/files/jobseekers/unemployment-benefits-handbook-twc.pdf>
- * Eligibility & Benefit Amounts: <https://twc.texas.gov/jobseekers/eligibility-benefit-amounts>
- * How to Request Payment: <https://twc.texas.gov/jobseekers/request-benefit-payments>
- * How to Report Work & Earnings: <https://twc.texas.gov/jobseekers/report-your-work-earnings>
- * Learning the Result of Your Application for Benefits: <https://twc.texas.gov/jobseekers/learning-result-your-application-benefits>

ENTERTAINMENT AND NEWS:

News publications removed paywalls:

- The New York Times
- The Wall Street Journal
- The Washington Post
- The Los Angeles Times
- The Guardian
- AP News
- The Athletic

Sling TV- is offering FREE 14 day access to a variety of news channels, shows and movies during COVID-19 outbreak. No paid SLING TV account required

FINANCIAL ASSISTANCE:

Department of Veterans Affairs (VA)- New VA debt will temporarily stop debt payment collections. You don't have to act. Existing VA debt can request a temporary collection suspension or an extended repayment plan. Call 1-800-827-0648. **See attachment brochure for more information

C.O.I.N Project- Mortgage/Rental, Auto Payment/Insurance/Mechanical Repairs, Utility payments, Child Care payment and/or quality of life. Financial assistance offered: Not to exceed \$1800.00. POC: Keri Anne Wilcox, 817-569-9008 ext. 24, kwilcox@clcinc.org. (SEE ATTACHMENT)

Economic Impact Payments (COVID-19 Stimulus Check)-

If you are filing 2019 taxes the deadline has been extended to July 15, 2020

Updated 4/23/2020

Non-Filers: If you don't file taxes, use the "Non-Filers: Enter Your Payment Info Here" application to provide simple information so you can get your payment. You should use this application if:

- You did not file a 2018 or 2019 federal income tax return because your gross income was under \$12,200 (\$24,400 for married couples). This includes people who had no income. Or
- You weren't required to file a 2018 or 2019 federal income tax return for other reasons

Special note: People in these groups who have qualifying children under age 17 can use this application to claim the \$500 payment per child.

<https://www.irs.gov/coronavirus/economic-impact-payments>

Filers: Get Your Payment: Use the "Get My Payment" application (coming mid-April) to:

- Check your payment status
- Confirm your payment type: direct deposit or check
- Enter your bank account information for direct deposit if we don't have your direct deposit information and we haven't sent your payment yet

<https://www.irs.gov/coronavirus/economic-impact-payments>

FITNESS AND WELLNESS:

Nike Training Club – Nike has made all of its Nike Training Club Premium workouts free until further notice

CARROT Fit – Collection of 7 minute workouts. App is now available as a FREE download

Dark Noise- Library of different noises such as campfires, thunder, white noise, and much more. Dark Noise TestFlight beta is for free

Headspace- Guided meditation app is FREE. Headspace Plus by visiting <https://www.headspace.com/health-covid-19> and enroll using their National Provider Identifier (NPI).

FOOD:

Food Pantry Search Engine- a directory of food banks, soup kitchens and non-profit organizations committed to fighting hunger. Visit their website to find local food help. <https://www.foodpantries.org/>

St. Stephen's CARE Center- 2127 S Zarzamora St. San Antonio, TX 78207; 210-226-6178; food pantry open 8:30am to 5:00pm, only requirement is being able to present a valid ID.

Food Insecurity- Our crosscutting Food Insecurity Steering Committee has created a single location for Food Insecurity webpages and resources at the national level, and located it on the NFS webpage here:

https://www.nutrition.va.gov/Food_Insecurity.asp

Jacqueline Smith Foundation- For Veterans or Veteran and family in need of food, please email the referral form to outreach@thejsmithfoundation.org. If you feel the individuals are in need of assistance, we will assist them. It will be on a first come first serve basis as supplies are available.

HEB: Free food delivery for seniors via FAVOR. 9am-1pm daily

<https://blog.favordelivery.com/h-e-b-and-favor-team-up-to-support-seniors-61f4ab4ad3ac?qi=678742adba4f>

1-833-397-0080

Kerrville: Drive-through services

Mustard Seed Ministries, 610 Methodist Encampment Road, distributes food 1-3 p.m. on Mondays.

Christian Assistance Ministry, 521 Barnett St, 2-4 p.m. Monday-Friday.

St. Vincent de Paul, 1145 Broadway, distributes food from 2-4 p.m. on Monday, 7-9 p.m. on Wednesday and 9-11 a.m. on Saturday.

Doyle School Community Center, 110 W Barnett St., distributes food from 9 a.m. to 1 p.m. weekdays.

Mondays

CAM (Christian Assistance Ministry) 521 Barnett 830 257-4222
2:00-6:00 p.m. (residents can only receive food one time every two weeks.)

St Vincent de Paul 1145 Broadway 830 896-6898
2:00-4:00 p.m. (limited financial assistance available)

Tuesdays

CAM (Christian Assistance Ministry) 521 Barnett 830 257-4222
2:00-4:00 p.m. (residents can only receive food one time every two weeks)

2nd Tues of the month– First United Meth. Church 321 Thompson Drive 830 257-0800

Wednesdays

CAM (Christian Assistance Ministry) 521 Barnett 830 257-4222
2:00-4:00 p.m. (residents can only receive food one time every two weeks)

Hill Country Veterans Center 411 Meadowview Lane 830 315-3101
Veterans only - must register yearly – can only request food one time every four weeks
2:00-4:00 p.m.

St Vincent de Paul 1145 Broadway 830 896-6898
7:00-9:00 p.m. (limited financial assistance available)

Thursdays

CAM (Christian Assistance Ministry) 521 Barnett 830 257-4222
2:00-4:00 p.m. (residents can only receive food one time every two weeks)

Fridays

CAM (Christian Assistance Ministry) 521 Barnett 830 257-4222
2:00-4:00 p.m. (residents can only receive food one time every two weeks)

Saturdays

St Vincent de Paul 1145 Broadway 830 896-6898
9:00-11:00 a.m. (limited financial assistance available)

Updated 4/23/2020

School age children: For school age children (age 18 and younger), many school districts have a plan in place to provide food during the cancellation of school. You can contact your school directly to request information. The below link was updated on 3/16/20 and includes information on school districts from Alamo Heights, Bandera, Boerne, Comal, East Central, Edgewood, Harlandale, IDEA Public Schools, Judson, La Vernia, Medina Valley, New Braunfels, North East, Northside, Pleasanton, San Antonio, Universal City, Somerset, South San Antonio, Southside, and Southwest.

<https://www.mysanantonio.com/news/local/article/San-Antonio-schools-offering-free-meals-15134346.php>

San Antonio Food Bank: Mobile distributions, call daily for updated location 210-431-8326 and register online <https://safoodbank.org/cvresponse/getfood/>

Be A Champion- Free grab & go meals at Any Baby Can 217 Howard St., San Antonio, TX 78212, children must be present. Mondays and Fridays Starting April 3, 11am-1pm. More information 281-833-3129.

Department of Human Services Senior Center Seniors- needing a meal or food bank commodities can contact the nearest center:

West End Park Senior Center - 210.207.1720
District 2 Senior Center - 210.207.5390
South Side Lions Senior Center - 210.207.1760
Willie Cortez Senior Center - 210.207.5295
District 5 Senior Center - 210.207.5270
Normoyle Senior Center - 210.207.5650
Alicia Treviño Lopez Senior Center - 210.558.0178
Doris Griffin Senior Center - 210.780.7444
Bob Ross Senior Center - 210.207.5300
Northeast Senior Center - 210.207.4590

PRESA Transportation Coalition – Grocery curbside pick-up rides to any elderly or disabled person, between the hours of 8 a.m. and 3 p.m., Monday – Friday. Once you have scheduled your grocery pick-up time, you may then contact PRESA Transportation Coalition at 210-532-5554 to schedule your pick-up ride.

Meals on Wheels: Currently have a waitlist (updated 4/16/20). Referral telephone number- (210)599-7405 <https://www.mowsatx.org/coronavirus>.

Meals on Wheels (Victoria City): No meals in the dining hall but meals are available for curbside pick up and home delivery of meals are Mondays. 603 E Murray St., Victoria TX, 77901. 361-576-2189

Meals on Wheels Community Action (Victoria County, Dewitt, Yorktown, Goliad, Cuero, Bloomington)
Food delivery services for homebound seniors and disabled 4007 Halsey St., Victoria TX 77901, 361-578-2989

Meals for Vets: No changes or updates on ability to assist Veterans, but protocol on college campuses may change due to closures. Resource is available for Veterans under the age of 60, who served honorable, and are struggling financially. This resource is available throughout Texas. <https://www.mealsforvets.org/>

Updated 4/23/2020

Wish For Our Heroes- Free groceries and/or hot meals for high risk Veterans over the age of 60 year old. Contact 317-509-2060 or visit <https://www.wishforourheroes.org/> for more information

Christ's Kitchen (Victoria): serving to-go plates from 11 a.m. to 1 p.m. outside. The building will be closed to the public until further notice. They will be serving one healthy plate per person with no second servings.

The Little Free Pantry:

- 820 Adler Rd, Boerne, TX 78006 (This Little Free Pantry is stocked by Our Savior Lutheran in Boerne. It's a larger sized pantry just outside the Boerne YMCA.) Jessica Clark (zitposh@hotmail.com)
- 3200 West Loop 1604 South, San Antonio, TX 78245 (Look inside the bench by the front door. Lift the seat.)

Imperfect Foods- Grocery delivery including organic and regular boxes. Offer 'Reduced Cost Box' for individuals who meet the income qualifications for SNAP

New Braunfels Farmers Market- Fresh produce groceries only, one stand sells homemade hand sanitizer; Saturdays 9 a.m.- 1 p.m., 186 S Castell Ave, New Braunfels, TX 78130

Huebner Oaks Market -11745 West Interstate 10, San Antonio, Saturday, 10am

La Gloria Grocery Market- 100 E Grayson St., San Antonio, TX 78215. Open to general public: **12:00-17:00 daily**; Open to medical professionals and first responders with medical ID:**18:00-21:00 daily**

EVO Entertainment Group: This chain of entertainment complexes has launched a market selling butter, eggs, milk, ground beef and more, plus packaged meal kits and more for online order and curbside pickup or delivery. 18658 Interstate 35 N. in Schertz, 210-764-6986, evo-entertainment.com

Food Related: The San Antonio-based food wholesaler has added online ordering and curbside pickup of a wide range of staples at its Schertz warehouse. 17401 Triton, www.FoodRelated.com

Restaurant Depot: This wholesale retail store is normally only open to members from the food and beverage industry. It has temporarily opened their doors to the public during the coronavirus outbreak. 3333 Fredericksburg Road, 210-736-3361, restaurantdepot.com

San Antonio Food2Go- Discover restaurants around San Antonio that offer to-go food, delivery, curbside and takeout. <https://safood2go.com/>

Good To-Go San Antonio- Discover Takeout, Curbside, Online Ordering, Order By Phone, and/or Alcohol Delivery. <https://www.sacurrent.com/sanantonio/GoodTo-GoSanAntonioADirectoryofLocalBusinessesYouCanSupportDuringtheCoronavirusEra/Page>

GENERAL ASSISTANCE: The following resources regularly provide assistance to Veterans who are in need of general resources (employment, furniture, rental deposits, etc.).

TexVet: <http://www.texvet.org/> Veterans information and referrals

Updated 4/23/2020

American GI Forum:

210-354-4892

210-233-8508

Catholic Charities

<https://ccaosa.org/>

Endeavors San Antonio: Many staff are working from home. Call the main business line: 210-431-6466.

<https://www.endeavors.org/covid-19-response/>

<https://www.endeavors.org/locations/san-antonio/>

SAM Ministries:

<https://www.samm.org/get-help/>

TX SERVES San Antonio: Coordinated network of public, private and nonprofit organizations serving veterans, service members and their families in San Antonio, and Bexar County. Education, food assistance, health care, household goods, housing, wellness, legal, individual and family support services, and more.

1-888-724-8387. TXServes.org

United Way/211: financial and rental assistance

<https://ccaosa.org/>

Good Samaritan Veterans Outreach & Transition Center- 202 Connelly St., San Antonio, TX 78203

(M-F 8:00 – 5:00) Phone: 210-486-2185, email: spc-qsvotc@alamo.edu, <http://www.alamo.edu/spc/qsvotc/>

HOMELESS SPECIFIC

Homeless Connections Hotline is 210-207-1799 hours of operation will be Monday-Friday 8:30 AM-4:30 PM.

Showers - Christian Assistance Ministries, 110 McCullough Ave, San Antonio, TX 78215. Monday, Wednesday and Saturday- 9:30 a.m.-11:30 a.m.

Food and meals-

Catholic Worker's House (*All ages*)

626 Nolan St, San Antonio, TX 78202

Monday- Friday- 8:00 a.m. -10:00 a.m.; lunch at 11:30 a.m.

Christian Assistance Ministries *

110 McCullough Ave, San Antonio, TX 78215

Monday- Saturday- 9:00 a.m.-11:00 a.m.

Church Under the Bridge (CUB)

724 Chestnut St, San Antonio, TX 78202

Monday, Tuesday, Thursday, Friday, Saturday, and Sunday - 6:00 p.m.-7:00 p.m.

Updated 4/23/2020

Corazon Ministries

Providing Meals at the following Park Locations: Madison, Milam, Maverick, Columbus, Travis, Main Plaza, and Bridges along Alamo and 281

Tuesday, Thursday, Friday 12:00 p.m.-1:00 p.m. and Wednesday 5:00 p.m.-6:00 p.m.

Sunday @ Travis Park Church- 9:00 a.m.-10:00 a.m.

Salvation Army

521 W. Elmira Street, San Antonio, TX

Monday-Friday (sack lunches)- 11:00 a.m.-1:00 p.m. and hot meals 4:00 p.m.-5:00 p.m.

St. Mark's Traveling Loaves and Fishes

Corner of St. Mary's and Quincy Ave. Monday- Friday 5:30 p.m. - 6:30 p.m.

724 Chestnut St, San Antonio, TX 78202- Sunday-

Catholic Charities

1801 W Cesar Chavez Blvd: sack lunches Monday- Friday from 8:30am- 5:00pm

2127 S Zarzamora- sack lunches available Monday-Friday from 8:30am-5:00pm

Church of Hope

Corner of Cesar Chavez and Commerce

2nd, 4th and 5th Sunday-1:00pm

City of San Antonio (COSA)-Dept. of Human Services- Resource Hub*

Jesse James Leija gym 319 W. Travis Street- Monday, Wednesday & Friday-11:00am-1:00pm (*beginning April 8th*)

Harvest Church San Antonio*

9323 Perrin Beitel Road, San Antonio, Texas

Tuesday, Thursday and Saturday- 11:00am-1:00pm

SA Hope Center

321 N General McMullen Dr

Drive thru food Monday – Friday 9am-1pm (can't tell if vehicle is required based on website)

Any Baby Can

217 Howard St.

Monday & Fridays 11:00am-1:00pm Grab and go meals for people with children (must be present).

Isolation Care Facilities (ICF) for individuals who have tested positive for Covid-19 or who are symptomatic awaiting test results, and who live in congregate housing, shelters, transitional housing, or other group home type facilities. 1) "Take a Self-Screening" <https://www.sanantonio.gov/Health/News/Alerts/CoronaVirus> 2) Follow the instructions in the pop-up menu to schedule a test or call (210)-233-5970 between the hours of 8:00 AM and 5:00 PM to complete the registration process for a COVID-19 test. 3) Once you have received confirmation of a testing date and time, you will need to contact the ICF Supervisor at (210)778-9067 Monday - Friday 7:00am – 5:00pm.

HOUSING/LODGING (SECTION 8 AND PUBLIC HOUSING): Please review the guidance below for the housing authorities located in Bexar County. If you are enrolled in the HUD-VASH program, please reach out to your case manager.

San Antonio Housing Authority: <https://saha.org/coronavirus/>

Offices are closed to face to face appointments. Please call or e-mail the housing authority for urgent concerns: 210-477-6999.

Public Housing:

Effective Monday, March 16, and until further notice, SAHA's Executive Leadership Team will implement the following precautions to protect its residents:

- Suspension of Notices to Vacate and lease violations
- Suspension of evictions for non-criminal activity
- Suspension of transfers, move-ins, move-outs
- Suspension of routine work orders
- Suspension of housekeeping inspections
- Suspension of food distributions
- Suspension of late fees
- Suspension of all resident activities to include Resident Council and Youth Activities
- Closure of all property management offices and community rooms; residents should email or call
- For residents at elderly communities, Metro Health will allow food to be taken into their units
- Emergency work orders will require additional troubleshooting via phone calls
- Existing repayment agreements will be extended
- Recertification deadlines will be extended
- Rent payments should be made either online or by mail
- Visitors for social purposes, especially at elderly properties, are discouraged; Medically-related visitors and caregivers may continue to visit residents
- Pest control services will be conducted on the exterior of buildings and common areas
- Pest control services will temporarily be suspended in residents units

Residents are encouraged to call SAHA's Resident Hotline at 210.477.6999 for the latest information, visit SAHA's website at saha.org/coronavirus, or follow SAHA's Facebook and Twitter accounts.

Section 8

Effective Monday, March 16, and until further notice, SAHA's Executive Leadership Team will implement the following precautions to protect its clients:

- Recertification deadlines will be extended
- Closure of Section 8 lobby; clients should email or call
- Suspension of Inspections
- Suspension of Terminations
- Suspension of Voucher issuance for current and new clients
- Suspension of Moves and Portabilities
- Landlord payments will continue to be processed but delays may occur

Clients are encouraged to call SAHA's Client Hotline at **210.477.6999** for the latest information, visit SAHA's website at **[saha.org /coronavirus](https://saha.org/coronavirus)** , or follow SAHA's Facebook and Twitter accounts.

Housing Authority of Bexar County: For both Section 8 and Public Housing:

Effective Monday, March 16, and until further notice, HABC will implement the following precautions to protect its residents:

- Recertification deadlines will be extended
- Closure of Section 8 lobby; clients should email or call
- Suspension of inspections
- Suspension of terminations
- Suspension of voucher issuance for current and new clients
- Suspension of moves and portabilities
- Landlord payments will continue to be processed but delays may occur

Residents are encouraged to call HABC Hotline at 210-231-2043 or for the latest information, visit HABC's website at www.habctx.org/about-us/coronavirus.

Eviction Court: Bexar County - Bexar County suspended evictions on March 23rd for 30 days. Get more information about Judge Nelson Wolff's Executive Order NW-03

Rental Assistance: The Salvation Army assists individuals and families who are struggling to pay their rent. We are often able to assist those facing eviction. 210-352-2046 or 910 N. Flores, San Antonio, TX 78212

SAMMinistries - Offers rental assistance, utility support and long-term housing assistance.

<https://www.samm.org/get-help/>. SAMMinistries Veterans Housing Stability Program (VHSP) are still assisting veterans and their families with rental and utilities assistance, remotely during this difficult times. They must be past due and be able to secure a notice to vacate (for rent) or disconnect notice (for CPS or SAWS). Email veteran@samm.org, or contact Jeff Anderson directly at 210-286-7461.

Fair Housing and Emergency Assistance - Effective March 18, 2020, the City's Fair Housing Division is accepting emergency rent and mortgage assistance referrals.

<https://www.sanantonio.gov/NHSD/Programs/FairHousing>

Request for Utility Assistance - This program assists with utility assistance for CPS Energy and assists with an Affordability Discount Program Application. Seniors, families with young children, individuals with disabilities, and individuals using critical medical care equipment are eligible to apply.

<https://dhs.mendixcloud.com/>

Drury Hotels- For a limited time, room rates start at \$59 + tax – Use Corporate Code "HEALTH" see attached brochure for additional information.

KERR COUNTY INFORMATION:

Kerr County Hotline for Food Relief: Hotline open Monday through Friday, 9AM- 3PM, (830)258-1234

Kerrville City Joint Emergency Operation Hotline: General questions 830-896-4200

<http://www.co.kerr.tx.us/covid-19/index.html>

KIDS

Texas Youth Hotline – (800) 989-6884 | Prevention services to youth, parents, siblings and other family members by trained volunteers on call to provide guidance on youth-related concerns, referral information or simply listen.

NPR Goats and Sodas – A comic exploring the new Coronavirus, based on a NPR radio story. <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

PBSKids – How to talk to your kids about Coronavirus. <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

PreK-Kindergarten-

Scholastic Learn At Home – PreK-K – Day-by-day projects to keep kids reading, thinking, and growing. <https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

PBS Kids Lab – Programs, games, at-home activities, videos, reading and more.

<https://why.pbslearningmedia.org/collection/pbs-kids-lab/#.XotMIKhKjIU>

Kindergarten – 5th Grade

Zearn – K-5 curriculum, including 400 hours of digital lessons with on-screen teachers and supportive remediation. <https://about.zearn.org/distance-learning>

Khan Academy – Free educational resources, including daily (weekdays) live streams on Facebook, YouTube and Twitter for students and parents navigating school closures.

<https://khanacademy.zendesk.com/hc/en-us/articles/360040167432-How-can-Khan-Academy-be-used-for-remote-learning-during-school-closures->

Prodigy – The free, engaging, curriculum-aligned math platform for grades 1st-8th.

<https://www.prodigygame.com/>

Mystery Science – A list of popular science lessons for anyone to use for free. No account or login is needed. <https://mysteryscience.com/school-closure-planning>

Smithsonian and Smithsonian Learning Lab – Free, online resources and activities for learners.

<https://www.si.edu/kids>

BrainPOP and BrainPOP Jr. – Free access to all BrainPOP products for 30 days or as long as schools are closed. <https://www.brainpop.com/>

Apps: Caribu- Virtual playdate with friends, functions like FaceTime but allows for on-screen activities, including reading books together, cooperative drawing, and playing games. FREE until further notice

Updated 4/23/2020

Kinedu-Toddler or preschooler early learning skills app. Kinedu helps parents generate daily activity plans, offers tips, and host more than 450 articles about early childhood development. The service is currently free through April 15.

Time for Kids- Time is launching their Time For Kids digital library free for the rest of the 2020 school year. Included in the digital library are worksheets, teaching tools, and quizzes for both educators and family members.

MENTAL HEALTH:

VA Mental Health -

https://www.mentalhealth.va.gov/coronavirus/?utm_source=VEText&utm_medium=referral&utm_campaign=mhtext

Texas Health and Human Services- Texans experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic now have a new statewide support line available 24/7- (833)986-1919 or text “share” to 741741

Crisis Text Line- Confidential, 24/7 support for anxiety, text “HOME” to 741741

Substance Abuse and Mental Health Services Administration’s (SAMHSA’s) Disaster Distress Hotline: 1-800-985-5990 or text TalkWithUs to 66746

Free, confidential 24/7 support for people in distress, prevention and crisis resources for oneself and others

Suicide Prevention Lifeline: 1-800-273-TALK

The Center for Health Care Services – (210) 223-7233 | 24-hour crisis and substance use helpline.

The Rape Crisis Center – (210) 349-7273 | Free and confidential support 24/7 to anyone impacted by sexual violence.

Endeavors, Steven A. Cohen Military Family Clinics Telehealth offers face-to-face video therapy that addresses everything from depression, and anxiety, to post-traumatic stress, sleep problems, adolescent behavioral issues, relationship and family stress, and more. Telehealth is confidential and highly effective. For more information about Telehealth services, call 833-286-8387 or check out our website

<https://www.endeavors.org/programs/onlinetherapy/>

AlzConnected- Alzheimer’s Association online support groups. Please locate local program in the Community Resource Finder or contact our 24/7 Helpline (800.272.3900) for details. <https://www.alzconnected.org/>

Rise Recovery – (210) 227- 2634 | Peer to peer virtual/telephonic support to individuals experiencing substance abuse in home.

Substance Abuse and Mental Health Services Administration Federal hotline offering referrals to local treatment and support services.

Updated 4/23/2020

Narcotics Anonymous Meetings worldwide for people struggling with drugs. Directory of online meetings, using Zoom, Skype and other platforms.

SMART Recovery Abstinence-based international organization that uses a cognitive behavioral therapy tool kit. Has a directory of online meetings.

AA-Alcoholics Anonymous The worldwide 12-step abstinence program has extensive online resources.

Recovery Dharma This organization uses Buddhist practices and principles to support individuals in recovery. Directory of daily online meditations and meetings.

Women for Sobriety Dedicated to helping women recover from substance use disorders, with online gatherings.

LifeRing Organization focusing on practical, secular support, with online meetings.

Moderation Management For people seeking to moderate their drinking and not necessarily abstain, this growing group has an international network of online meetings.

Cocaine Anonymous Online International group offering online support through email and voice-only conference calls.

In the Rooms Clearinghouse of 30 online meetings offering supports with a variety of approaches to different substance use disorders.

Free Apps

There are [many free apps](#) available. Here are just a few:

Connections Evidence-based, multipurpose app to help track sobriety and connect with supportive peers and Addiction Policy Forum counselors.

I Am Sober Popular, well-regarded app for planning and maintaining recovery.

SoberGrid Large online sober-support community and peer counseling.

For Those Who Support People in Recovery

Nar-Anon Global support network for those affected by someone else's addiction. [Live chat](#) and [forum available](#).

Al-Anon Using a 12-step focus, this organization offers [online](#) and [phone meetings](#) for those whose friends and relatives struggle with alcohol use disorder, among other substances.

Families Anonymous Offers online 12-step meetings for family and friends with a loved one struggling with drugs, alcohol and related behavioral problems.

Updated 4/23/2020

SMART Recovery Friends and Family This secular, cognitive behavioral-based program offers online meetings for families and friends of someone recovering from substance abuse.

For employees:

<https://www.ptsd.va.gov/covid/COVID19ManagingStressHCW032020.pdf>

<https://www.ptsd.va.gov/covid/COVID19ForProviders032020.pdf>

<https://vaww.insider.va.gov/myva-internal-communications/>

For employees and Veterans:

<https://www.ptsd.va.gov/covid/COVID19ManagingStress032020.pdf>

https://www.prevention.va.gov/docs/NCP_ManageStreeWkBk_F_EditedJune102019.pdf

[Mental Health and Coping During COVID-19](#)

<https://www.va.gov/WHOLEHEALTH/circle-of-health/power-of-the-mind.asp>

https://www.prevention.va.gov/Healthy_Living/Manage_Stress.asp

<https://www.mirecc.va.gov/visn16/relaxation-manuals.asp>

For Veterans:

<https://www.mirecc.va.gov/visn16/veteran-wellness-guide.asp>

Veterans Crisis Line- 1-800-273-8255, press option 1.

Self Care

- [How to be Kinder to Yourself](#)
- [How to Clear Your Head](#)
- [Staying Close While Self-Distancing](#)

MINDFULNESS - MEDITATION

- [Awaken to Life Mindfulness Meditation](#)
- [Clear Mind Present Moment - Guided Meditation](#)
- [Higher Self-Guided Meditation](#)

MINDFULNESS / MEDITATION FOR KIDS

- [Meditation for Kids](#)
- [Mindful Breathing for Kids](#)
- [Sleep Meditation for Kids](#)

1in5 Minds- Children's mental illness, website dedicated to Covid-19 information. Information for parents, teachers, and families. There are also print-out tips and activities <https://www.1in5minds.org/who-we-are/about-us>

Clarity Child Guidance Center- Not-for-profit mental health treatment center specializing in children ages 3-17 in San Antonio and South Texas. Our inpatient and outpatient programs incorporate a range of services

Updated 4/23/2020

including crisis stabilization, psychiatric evaluations, and ongoing therapy. Phone: (210) 616-0300 Toll Free: (877) 676-KIDS. <https://www.claritycgc.org/>

OTHER:

St. Mary's University – ID Recovery. (210) 901-9982. POC: Gregory Zlotnick

PUBLIC TRANSPORTATION:

The San Antonio VIA system has suspended all fares for all VIA fixed route bus service, VIAtrans trips, and VIA Link on demand services from 3/21/2020-4/1/2020 at 1am.

<https://www.viainfo.net/covid-19/>

RENTAL/MORTGAGE ASSISTANCE

Neighborhood Housing and Services Development - Rental Assistance Portal

<https://dhs.mendixcloud.com/p/Kinetech/GovTech/HousingAssistance>

The City of San Antonio's Neighborhood and Housing Services Dept. is now accepting emergency rental, mortgage, and utility assistance referrals for individuals or families that require financial assistance during this COVID-19 pandemic. Families can apply for rental, mortgage, and utility assistance online. The Fair Housing phone line, (210) 207-5910, is open from 8 a.m. – 8 p.m.

1st and easiest way to apply: Visit <https://www.sanantonio.gov/NHSD/Programs/FairHousing> then click the "Request Assistance" button on that page.

2nd way to apply for rental, mortgage/utilities: 1) Visit <https://www.sanantonio.gov/NHSD> , 2) Once there, select the banner shown below for the assessment:



3) Complete the assessment and press submit.

Grants for Veterans- These grants are given away for free, and they could help low income veterans with bills, mortgage, rent, housing, college, and medications . Please note that grants are only given for veterans who can prove financial difficulties. Apply for multiple grants to ensure your needs are met. We offer

Updated 4/23/2020

information on the following : (1) grants for rent (2) housing assistance (3) help with bills (4) education grants (5) medical bills grants (6) business grants <https://freegrantsforveterans.org/>

SAMMinistries: Veterans Housing Stability Program (VHSP) assisting veterans and their families with rental and utilities assistance. Email veteran@samm.org with any requests and will follow up with the veteran to ensure that they might program requirements. If you have any questions feel free to reach directly at 210-286-7461. <https://www.samm.org/learn/how-we-help/veterans-housing-stability-program-2/>

SAN ANTONIO INFORMATION:

Metro Health

<https://www.sanantonio.gov/health/news/alerts/coronavirus>

Hotline

The San Antonio Metropolitan Health District has opened a [COVID-19 hotline](#) for residents to ask questions about the virus. The hotline is available in English and Spanish. Residents can call 210.207.5779. Hours of operation are Monday - Friday 8:00 am – 7:00 pm and Saturday & Sunday 9:30 am - 4:30 pm. Email questions to COVID-19@sanantonio.gov

SCHOOL CLOSURES: Contact your school to determine status of closures. Below is information as of 3/17/2020 about school districts in the STVHCS service area. Many sites are updating regularly with regards to COVID impact including food resources as well as educational resources while students are out of school:

Alamo Heights Independent School District: <http://www.ahisd.net>

Bandera Independent School District: <https://www.banderaisd.net/>

Basis K-5: <https://www.basised.com/san-antonio-primary-medical-center/>

Basis 6-12: <https://www.basised.com/san-antonio-shavano/>

Beeville Independent School District: <https://www.beevilleisd.net/>

Boerne Independent School District: <https://www.boerneisd.net/>

Comal Independent School District: <https://www.comalisd.org/>

East Central Independent School District: <https://www.ecisd.net/>

Edgewood Independent School District: <http://www.eisd.net/>

Fort Sam Houston Independent School District: <https://www.fshisd.net/>

Harlandale Independent School District: <http://www.harlandale.net/>

IDEA Public Schools: <https://ideapublicschools.org/regions/san-antonio/>

Judson Independent School District: <https://www.judsonisd.org/>

Kerrville Independent School District: <https://www.kerrvilleisd.net/>

KIPP Texas-San Antonio: <https://kipptexas.org/our-schools/san-antonio/>

Lackland Independent School District: <https://www.lacklandisd.net/>

La Vernia Independent School District: <https://www.lvisd.org/>

Medina Valley Independent School District: <https://www.mvisd.com/>

New Braunfels Independent School District: <http://www.nbisd.org/>

North East Independent School District: <https://www.neisd.net/>

Northside Independent School District: <https://www.nisd.net/>

Updated 4/23/2020

Pleasanton Independent School District: <https://www.pisd.us/>

Randolph Field Independent School District: <https://www.rfisd.net/>

San Antonio Independent School District: <https://www.saisd.net/>

Schertz-Cibolo-Universal City Independent School District: <https://www.scuc.txed.net/>

Somerset Independent School District: <https://sisdk12.edlioschool.com/>

South San Antonio Independent School District: <https://www.southsanisd.net/>

Southside Independent School District: <https://southsideisd.org/>

Southwest Independent School District: <http://www.swisd.net/>

Victoria Independent School District: <https://www.visd.net/>

SENIORS

Alamo Service Connection / Senior Services - 210.477.3275

TALKING WITH YOUR CHILDREN ABOUT COVID: Provides information about how to help your family cope during the outbreak

<https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019>

<https://www.cdc.gov/childrenindisasters/helping-children-cope.html>

https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508.pdf

TAXES:

The Volunteer Income Tax Assistance (VITA) program (IRS)- Offers free tax help to people who generally make \$56,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. <https://www.irs.gov/individuals/free-tax-return-preparation-for-you-by-volunteers> . Guadalupe Community Center Monday-Friday 8:30am-5:00pm. FREE tax preparation returns your hard-earned money to supplement your income and expenses while we quarantine!

VITA clients can drop off tax documents through the VITA drive-thru. Tax returns are typically prepared and returned within 72 hours. For more information, contact the VITA office at 210-222-2975.

Tax Counseling for the Elderly (TCE) (IRS)- program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. <https://www.irs.gov/individuals/free-tax-return-preparation-for-you-by-volunteers>

UTILITIES:

Neighborhood Housing and Services Development- Utility Assistance Portal <https://dhs.mendixcloud.com/>

Updated 4/23/2020

CPS - CPS Energy announced on March 11, 2020, they will suspend energy disconnects for their customers in support of a request by Mayor Ron Nirenberg and the San Antonio City Council. CPS Energy will continue to follow the guidance of the Mayor and City Council as they're leading our city through this pandemic.

SAWS - San Antonio Water System is temporarily halting disconnections due to non-payment. Service interruptions will resume at a later date, as SAWS continues to work with Mayor Ron Nirenberg and the City Council.

AT&T - Waiving all home internet data overage fees for current customers. Offering two months of free service to new customers who order access by April 30, 2020. \$5/mo or \$10/mo thereafter, depending speed. Expanding eligibility based on income to households participating in National School Lunch Program/Head Start.

Free Wi-Fi There is free Wi-Fi at several City of San Antonio parks. Citizens can bring their laptops and other electronic devices to the park to research, apply for jobs and browse the internet. Students also have the opportunity to complete homework, check college blackboards for assignments, and connect with friends and family via social media. Note: Community Centers are not open to the public.

Spectrum Free Wi-Fi Spectrum offers free access to broadband and Wi-Fi for 60 Days for students K-12 and College Households.

EveryoneOn- Updates to low-cost internet services offers in Response to COVID-19

<https://www.everyoneon.org/find-offers>

AT&T CENTER- Free Wi-Fi, effective April 20th, provided daily from 8am-7:30pm at the AT&T Center. To connect, park in lot 3 and select the "spursgive" WiFi network. To practice social distancing, please stay in your vehicle

San Antonio Water and CPS Energy to suspend any disconnects during COVID emergency.

<https://news4sanantonio.com/news/local/saws-will-not-cut-off-your-water-during-coronavirus-outbreak>

<https://newsroom.cpsenergy.com/march-11-2020-statement-from-cps-energy-update-regarding-covid-19/>

VICTORIA INFORMATION:

<https://www.victoriatx.org/departments/communications-office/emergency-information/coronavirus-covid-19>

https://www.victoriaadvocate.com/news/health/list-of-coronavirus-related-cancellations-in-crossroads/article_faf7720e-62d4-11ea-b4b2-0316ad6df93a.html

Community Action (Victoria County): Utility assistance and rental assistance.

<https://hhs.texas.gov/oca/community-action-committee-victoria>